



Ashley's Run

Saturday, March 20th 9am

Macland Baptist Church

Powder Springs, GA

RACE DETAILS: Ashley's Run is a 5K Run/Walk to benefit The Ashley Collis Memorial Scholarship Fund, a girl's open scholarship for Truett McConnell College. The race starts and finishes at Macland Baptist Church, 3732 Macland Rd, Powder Springs, GA 30127. Scenic out and back course and is relatively flat. Chick-Fil-A chicken biscuits for runners; Give-aways from Phidippides and other local merchants.

AGE GROUPS/AWARDS: Overall M & F; Masters M & F; Top male and female in each age group as follows: 10 & under; 11-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 & over.

REGISTRATION: \$20 if registered by March 10, 2010. Late registration and race day = \$25

- Online – active.com
- Download form and mail race entry – www.running4fitness.com OR www.rungeorgia.com
- Checks payable to **Ashley's Run** and mail to PO Box 394, Powder Springs, GA 30127
- Race Day Registration and Packet pick up 7:30-8:45am at Macland Baptist Church.

T-SHIRTS: 100% cotton short sleeved shirts, guaranteed for all pre-registered runners/walkers. Shirts available while supplies last for on-site registrants.

INFO: Ed Williams, Race Director 404-327-7738 email: roadraceservices@comcast.net
For sponsor or other information, contact Keith Collis 678-592-1194

Ashley's Run 5K Entry Form – 3.20.10 9:00 am

Check amount \$_____ Payable to Ashley's Run & mail to PO Box 394, Powder Springs, GA 30127

[] Phantom Runner: I am unable to participate but would like to support the event and get my t-shirt (minimum \$20 please)

T-Shirt: [] S [] M [] L [] XL [] 5K Run [] 5K Walk

NAME _____ AGE _____

ADDRESS _____

CITY/STATE/ZIP _____ GENDER [] M [] F

E-MAIL _____ PHONE _____

Waiver I know that running a road race is a potentially hazardous activity. I am in proper physical condition to complete this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather, including high heat and/or humidity, traffic, conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release all race officials, volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recordings or any other record of me in this event for legitimate purposes.

Signature of participant /Parent or guardian's signature if under 18 years of age

Date